

Speaking: Providing Light in the Darkness

Step 1: Read the Dialogue

Situation: Two students talking about preparing for a science project.

Student A: I don't know how I'll finish this project on time. I've already spent hours researching, but it feels like I'm getting nowhere. I feel so **overwhelmed**.

Student B: I completely understand how difficult that must be. Anyone in your situation would feel the same.

Student A: Thanks... I guess, but I can't help feeling **discouraged**. Every time I try to organize my ideas, something goes wrong, and I get really **frustrated**.

Student B: I'm really sorry you're dealing with this. Remember, one failure does not define you. Just because one part of the project didn't work out, it doesn't mean you can't succeed overall.

Student A: I know... but I feel **emotionally exhausted**. I'm mentally drained, and I don't even know where to start tomorrow.

Student B: You don't have to do this alone. Let's break this down together, step by step. We can figure out which parts are most important and create a plan to make things easier.

Student A: That actually makes me feel better. If we tackle it in smaller steps, maybe I can handle it. I'll try to move forward step by step.

Student B: Exactly. You are capable of more than you think, and I'll help you stay on track.

Student A: I really appreciate your support. I feel better after talking to you.

Step 2: Find Examples

Read the dialogue again and **find examples** of expressions that:

1. **Offer help**
 2. **Show empathy**
 3. **Comfort / Encourage someone**
 4. **Give a positive closure**
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Step 3: Useful Language / Phrases

Expressing Feelings:

- overwhelmed
- discouraged
- frustrated
- disappointed
- isolated
- under pressure
- emotionally exhausted

Showing Empathy:

- I completely understand how difficult that must be.
- It makes sense that you would feel that way.
- Anyone in your situation would feel the same.
- I'm really sorry you're dealing with this.

Comforting / Encouraging:

- You are capable of more than you think.
- One failure does not define you.
- This doesn't mean the end; it's just a step.
- Progress takes time; be patient with yourself.
- You deserve support and care.

Positive Closure / Ending:

- I feel better after talking to you.
- Thank you for being there for me.
- I'll try to move forward step by step.
- I appreciate your support.

Step 4: Create Your Own Dialogue

Instructions:

1. Choose **one situation** below OR create your own:
 - A student failed an exam and feels hopeless.
 - A friend feels lonely after moving to a new place.
 - Someone is afraid to try something new (e.g., joining a club).
 - A teammate feels responsible for losing a match.
 - A sibling is sad because of a misunderstanding with a friend.
2. Work with a partner to **write a dialogue** that lasts **1:30**
3. **-2 minutes.**
4. Use at least **5 expressions** from the lists above. Highlight or underline them.

Vocabulary use	Language fluency	Speech organization	Body language /eye contact	Sentence structure	Total
2	2	2	2	2	10